



**CAMP
LONG
LEAF**

PACKING CHECKLIST

FATHER AND SON RETREAT

FATHER FIGURES ARE RESPONSIBLE FOR THEIR GROUP'S LUGGAGE

BEDDING

- BLANKET, COMFORTER, OR SLEEPING BAG
- TWIN SHEETS
- PILLOW
- 1 BATH TOWEL

CLOTHING AND LAUNDRY

- 2-3 PANTS/SHORTS
- 3 T-SHIRTS
- 3 UNDERWEAR, 3 CREW CUT SOCKS
- PJ'S
- RAIN COAT/PONCHO
- CLOSED-TOED SHOES, FLIP-FLOPS
(FOR SHOWERING ONLY)

*CLOTHING SHOULD BE APPROPRIATE FOR SUMMER HEAT - WE RECOMMEND LIGHT COLORS AND BREATHABLE FABRICS

TOILETRIES

- SHAMPOO AND CONDITIONER
- TOOTHBRUSH/PASTE
- BODY SOAP
- SUNSCREEN
- INSECT REPELLENT
- PRESCRIPTION OR OTC MEDICATIONS

*FATHERS ARE RESPONSIBLE FOR ALL MEDICINE

EQUIPMENT

- REUSABLE WATER BOTTLE
- SMALL DAYPACK
- FLASHLIGHT/HEADLAMP
- BRIMMED HAT

OPTIONAL

- JOURNAL
- DISPOSABLE CAMERA
- SUN/ RASH GUARD
- SUNGLASSES
- BINOCULARS
- BOOKS
- BANDANNAS

DO NOT PACK

- EXPENSIVE/ VALUABLE ITEMS
- ELECTRONICS (PHONES, IPADS, GAMEBOYS, ETC.)
- FOOD/ SNACKS/ CANDY/ GUM
- DRINKS (GATORADE, SODA, ETC.)
- WEAPONS
- MONEY