

Packing Checklist



**CAMP
LONG
LEAF**

Bedding

- Blanket, comforter, or sleeping bag
- Twin sheets
- Pillow
- 1 bath towel
- 2 beach towels
- Sleeping pad (optional)

Clothing and laundry

- 2 pants
- 3 shorts
- 6 T-shirts
- Something white to tie-dye at camp
- 1 long-sleeve shirt
- 5 underwear
- 5 socks (crew cut for hiking)
- 1-2 PJ's
- Swimsuit
- Rain coat/poncho
- Close-toed athletic shoes (for hiking)
- Water shoes or old athletic shoes (for water)
- Flip-flips (for showering only)
- Laundry bag

*Clothing should be appropriate for summer heat – we recommend light colors and breathable fabrics.

Toiletries

- Shampoo
- Conditioner
- Toothbrush/paste
- Body soap
- Sunscreen
- Insect repellent
- Prescription or OTC medications (must be indicated on health form)

Equipment

- Reusable water bottle
- Small daypack
- Flashlight/headlamp
- Brimmed hat

*All equipment must be labeled with camper's name

Optional

- Pre-addressed envelopes with stamps
- Stationary (for letters home)
- Friendship bracelet materials
- Journal
- Disposable camera
- Sun/rash guard
- Sunglasses
- Binoculars
- Books
- Bandanas
- Dark clothing for night time games such as capture the flag

DO NOT PACK

- Cell phones (see cell phone policy)
- Expensive/valuable items
- Electronics (iPad, Gameboy etc)
- Food/snacks/candy/gum
- Drinks (Gatorade, soda etc)
- Weapons
- Money